

# Public Health Fact Sheet

## Healthy Life Expectancy March 2025

Produced by Public Health Intelligence Team  
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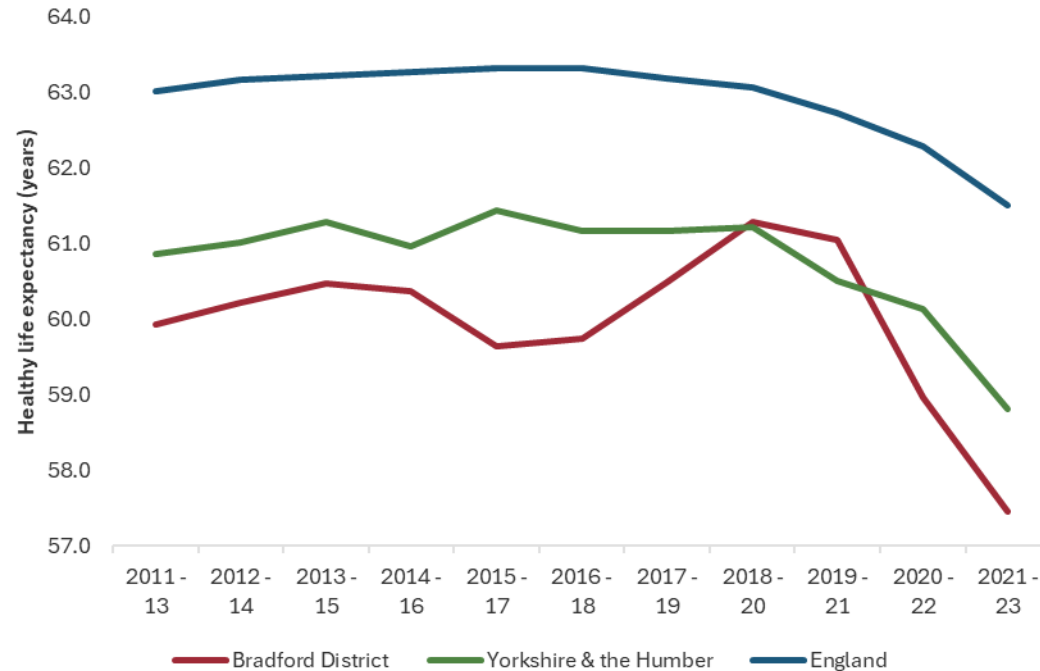
The Joint Strategic Needs Assessment (JSNA) provides information on the current and future health and wellbeing needs of people in Bradford District. Visit: <https://jsna.bradford.gov.uk/>

### What does the data tell us?

- Bradford District has a lower healthy life expectancy than the national average and is **similar to** the regional average.
- Compared with other Local Authorities in Yorkshire & the Humber, Bradford District sits in the middle for both male and female healthy life expectancy.
- Bradford District's national rank has **declined** in 2021-23 for both males and females.
- Females in Bradford District can expect to live 0.6 years longer in healthy life than males in Bradford District.
- Compared with similar Local Authorities, Bradford District sits in the middle for both males and females.

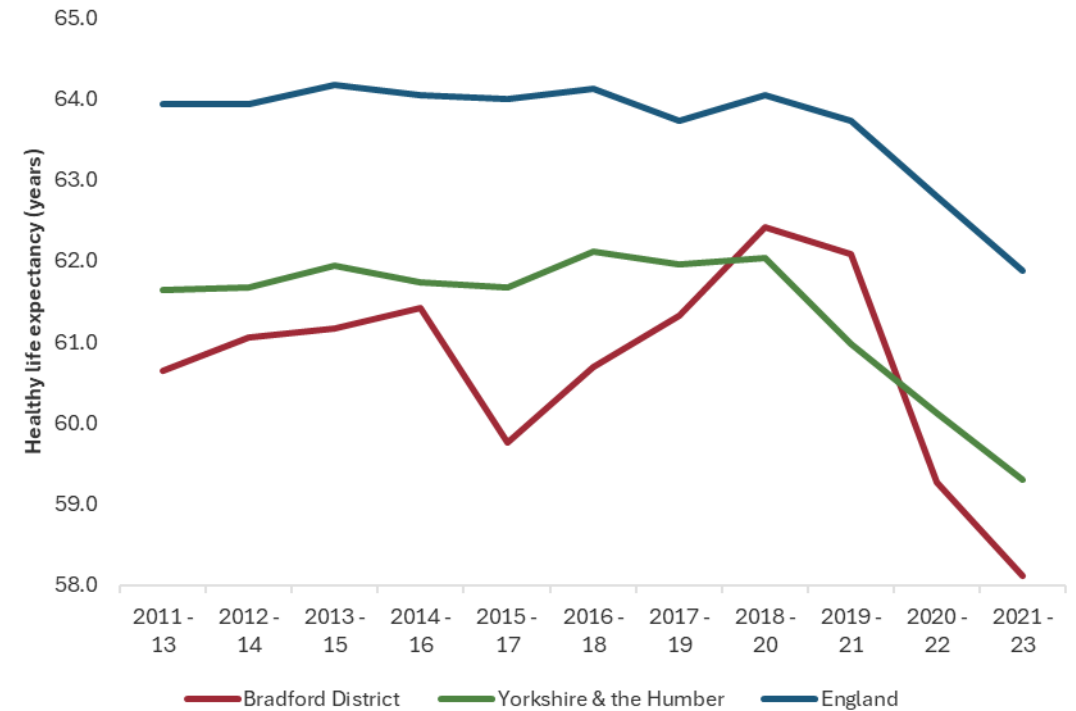
# Healthy Life Expectancy

## Males



Trends indicate that for both males and females in Bradford District, years of healthy life expectancy have remained **significantly worse** than the national average and are **getting worse**. This is reflective of the national picture, however female healthy life expectancy is declining at a slower rate compared to England, and male healthy life expectancy is declining at a faster rate compared to England.

## Females



# Healthy Life Expectancy

**Latest Values: Years of healthy life expectancy:  
Males (2021-23)**

**Bradford  
District**  
**57.5**

**Regional  
average**  
**58.8**

**National  
average**  
**61.5**

**Gap = 0.6 years**

**Gap = 0.5 years**

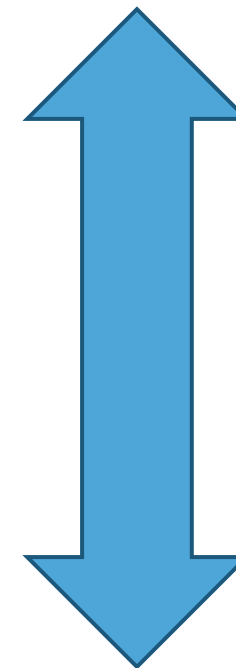
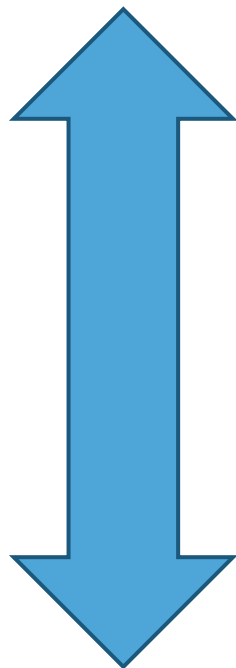
**Gap = 0.4 years**

**Latest Values: Years of healthy life expectancy:  
Females (2021-23)**

**Bradford  
District**  
**58.1**

**Regional  
average**  
**59.3**

**National  
average**  
**61.9**



# Healthy Life Expectancy in Bradford District



When comparing males and females in Bradford District, females have had a consistently higher healthy life expectancy than males, with **58.1 years for females** and **57.5 years for males**. Therefore, the latest data indicates that females can expect to live 0.6 years longer than males in good health. However, **both are declining**, with male healthy life expectancy doing so at a slightly faster rate than that of females.

Ranks for both males and females in Bradford District have **worsened**, with males’ rank declining further than females’ rank.

## National Rank: Males

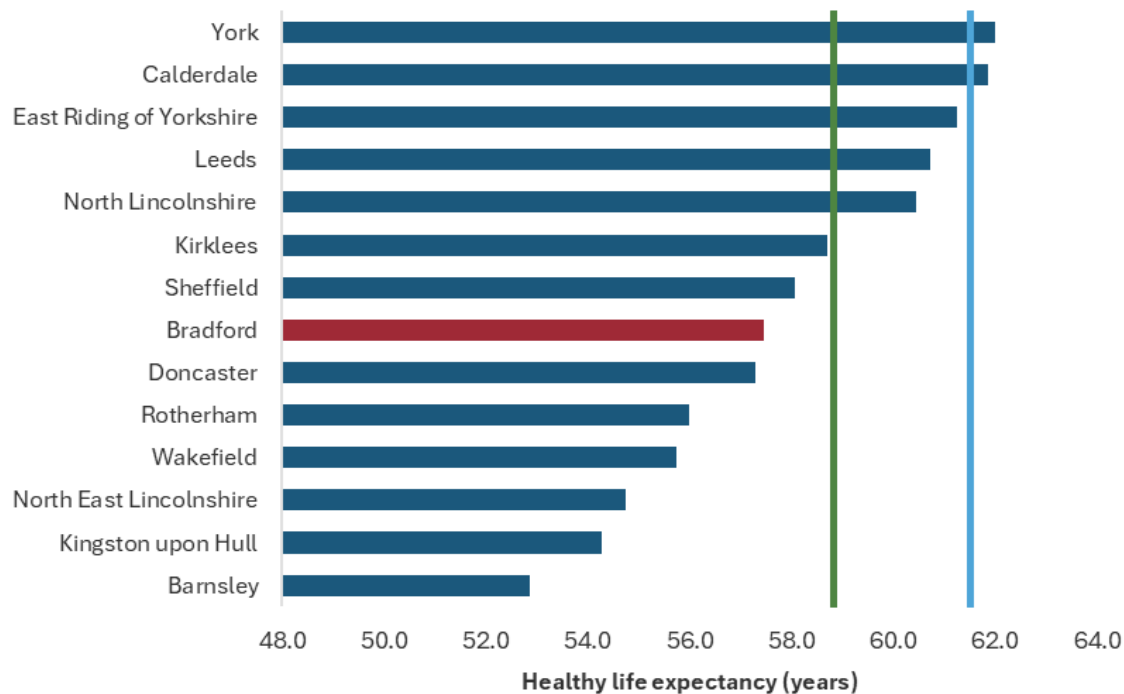
Year	Year
2020-22	106
2021-23	112

## National Rank: Females

Year	National Rank (where 1 = highest)
2020-22	106
2021-23	107

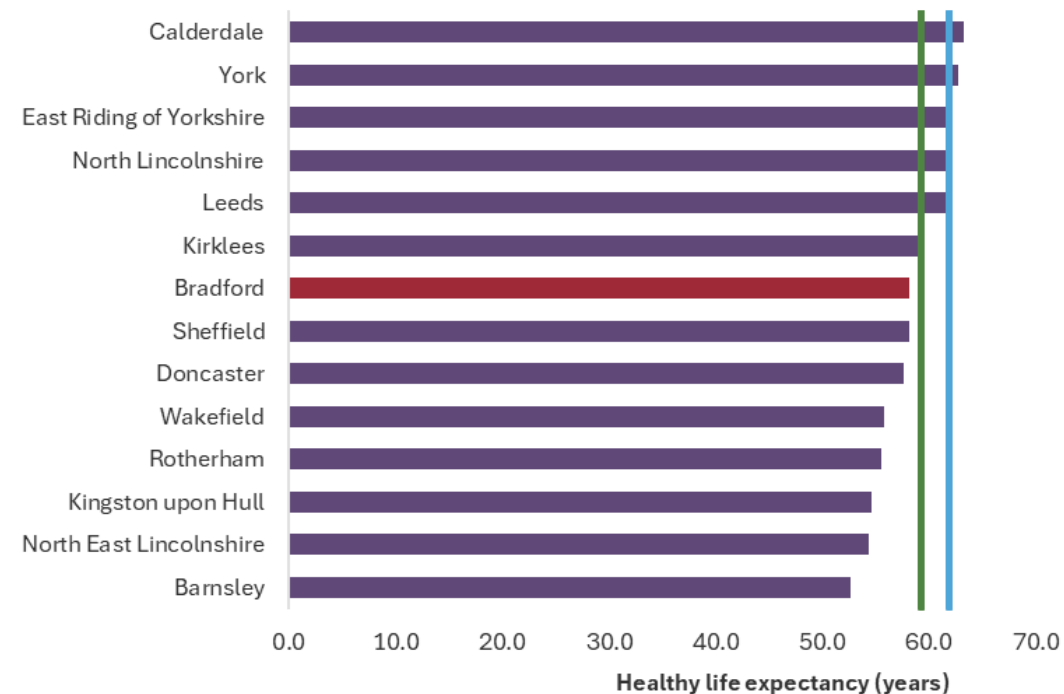
# Yorkshire & the Humber

## Males



Local Authority Yorkshire & the Humber Average England Average

## Females



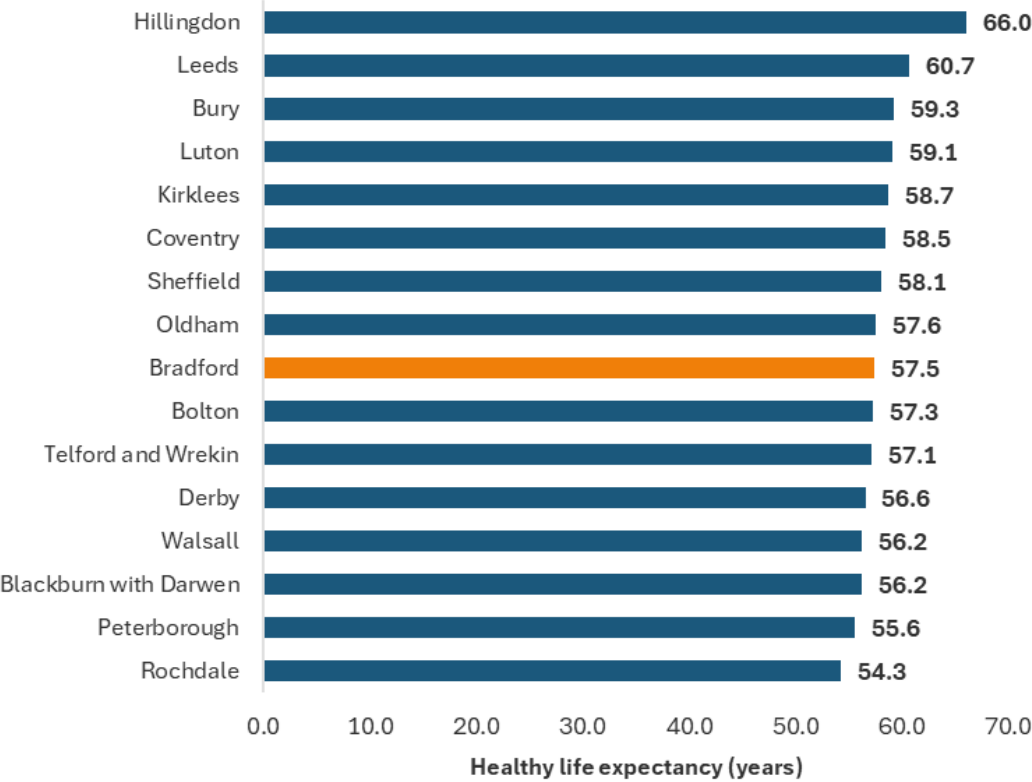
Local Authority Yorkshire & the Humber Average England Average

When compared to other Local Authorities in Yorkshire & the Humber, Bradford District sits in the middle for both males and females, with males being **8<sup>th</sup> highest** and women **7<sup>th</sup> highest** and both **similar to** their regional averages.

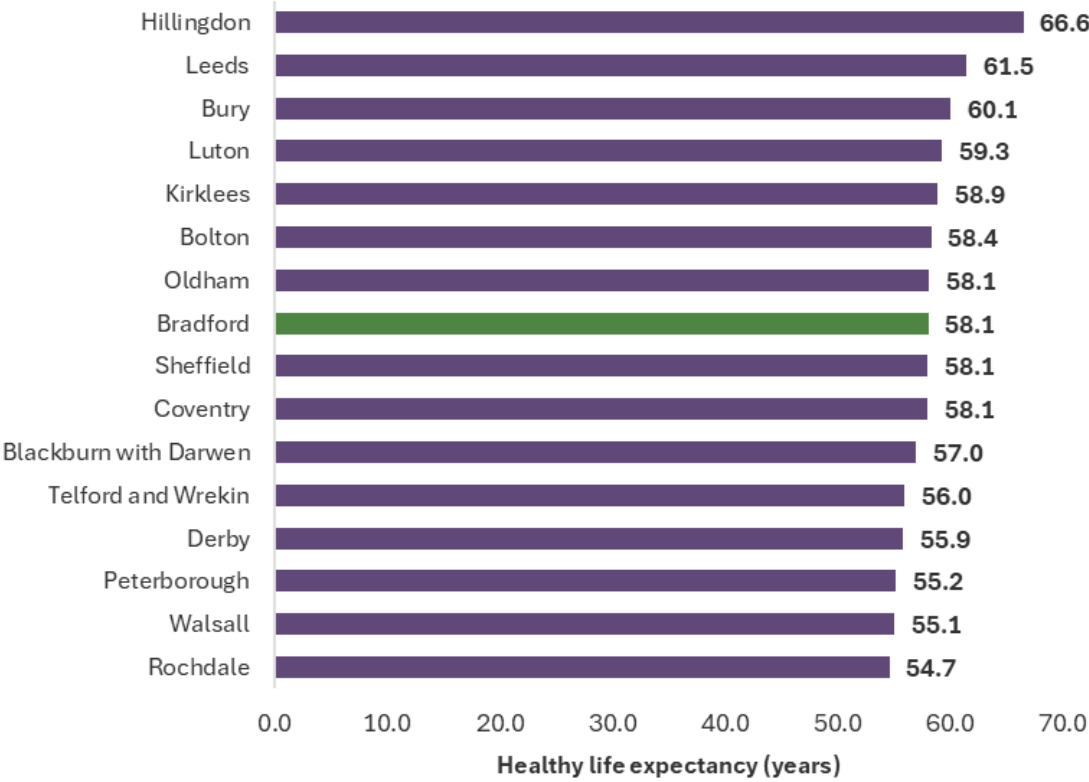
When compared with other Local Authorities in West Yorkshire, Bradford District has the **2<sup>nd</sup> lowest** healthy life expectancy for both males and females, and both above Wakefield.

# Similar Local Authorities

## Males



## Females



Similarly, compared to similar Local Authorities in England, Bradford District sits in the middle with female having the **8<sup>th</sup> highest** healthy life expectancy and males having the **9<sup>th</sup> highest**.