

Public Health Fact Sheet

Healthy Life Expectancy March 2025

Produced by Public Health Intelligence Team
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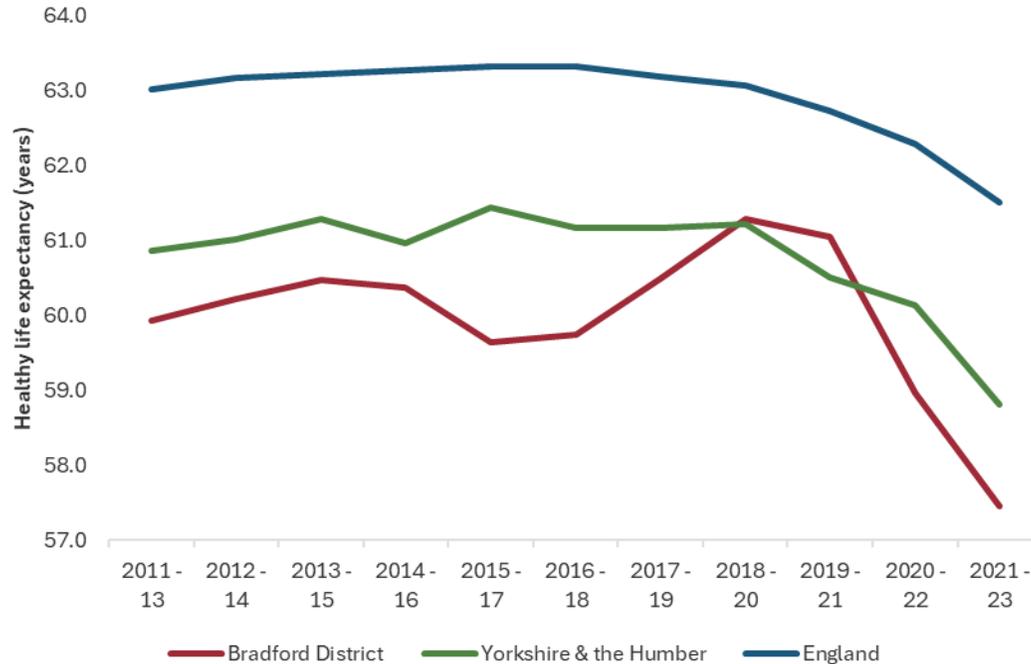
The Joint Strategic Needs Assessment (JSNA) provides information on the current and future health and wellbeing needs of people in Bradford District. Visit: <https://jsna.bradford.gov.uk/>

What does the data tell us?

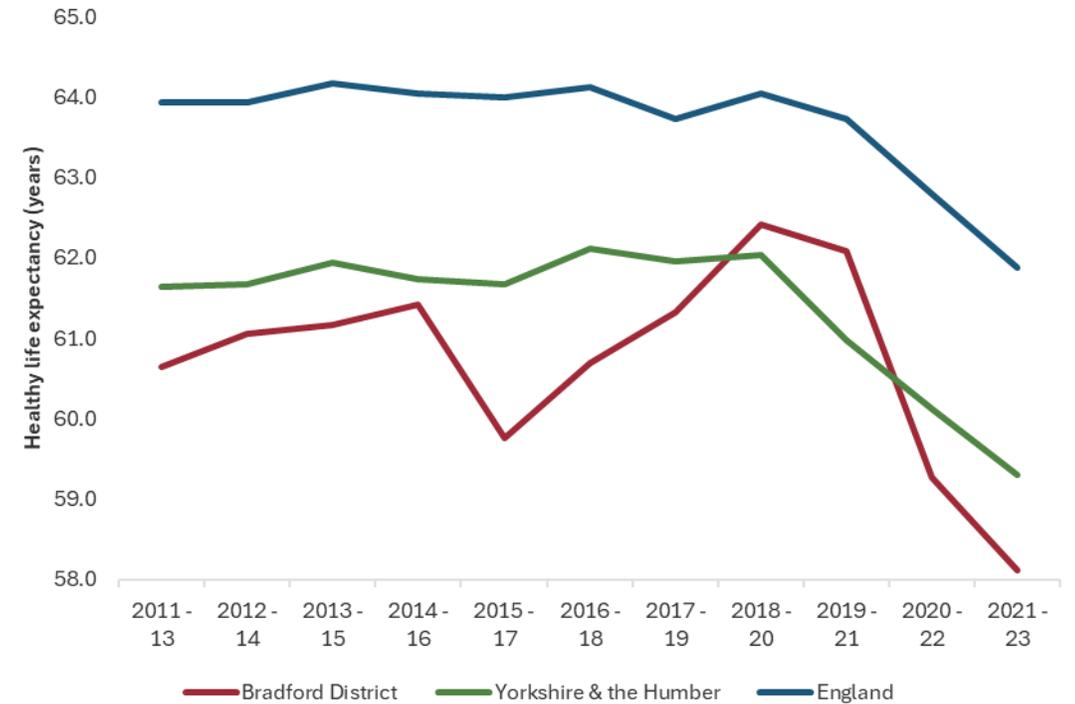
- Bradford District has a lower healthy life expectancy than the national average and is **similar to** the regional average.
- Compared with other Local Authorities in Yorkshire & the Humber, Bradford District sits in the middle for both male and female healthy life expectancy.
- Bradford District's national rank has **declined** in 2021-23 for both males and females.
- Females in Bradford District can expect to live 0.6 years longer in healthy life than males in Bradford District.
- Compared with similar Local Authorities, Bradford District sits in the middle for both males and females.

Healthy Life Expectancy

Males



Females



Trends indicate that for both males and females in Bradford District, years of healthy life expectancy have remained **significantly worse** than the national average and are **getting worse**. This is reflective of the national picture, however female healthy life expectancy is declining at a slower rate compared to England, and male healthy life expectancy is declining at a faster rate compared to England.



Healthy Life Expectancy

Latest Values: Years of healthy life expectancy:
Males (2021-23)

Bradford
District
57.5

Regional
average
58.8

National
average
61.5

Gap = 0.6 years

Gap = 0.5 years

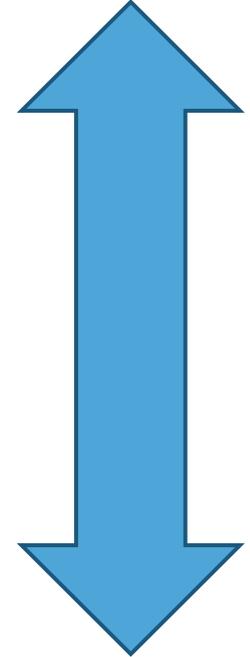
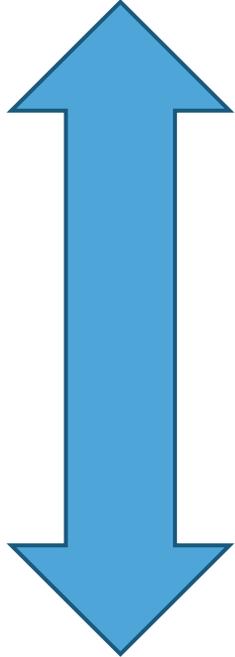
Gap = 0.4 years

Latest Values: Years of healthy life expectancy:
Females (2021-23)

Bradford
District
58.1

Regional
average
59.3

National
average
61.9



Healthy Life Expectancy in Bradford District



When comparing males and females in Bradford District, females have had a consistently higher healthy life expectancy than males, with **58.1 years for females** and **57.5 years for males**. Therefore, the latest data indicates that females can expect to live 0.6 years longer than males in good health. However, **both are declining**, with male healthy life expectancy doing so at a slightly faster rate than that of females.

Ranks for both males and females in Bradford District have **worsened**, with males' rank declining further than females' rank.

National Rank: Males

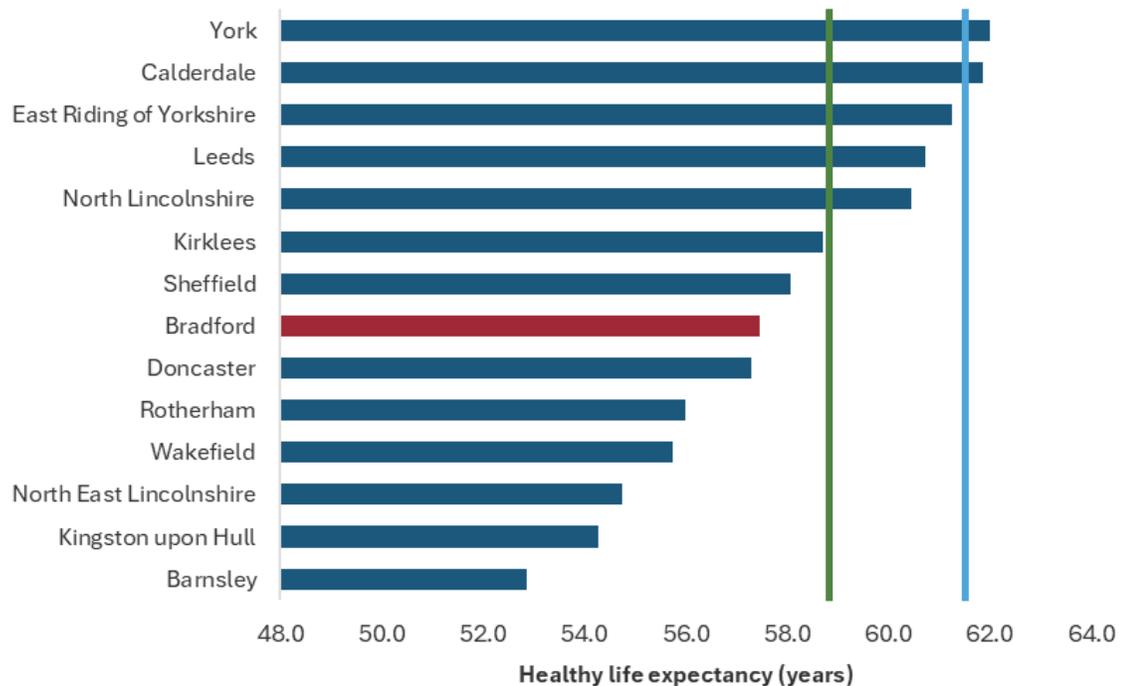
Year	Year
2020-22	106
2021-23	112

National Rank: Females

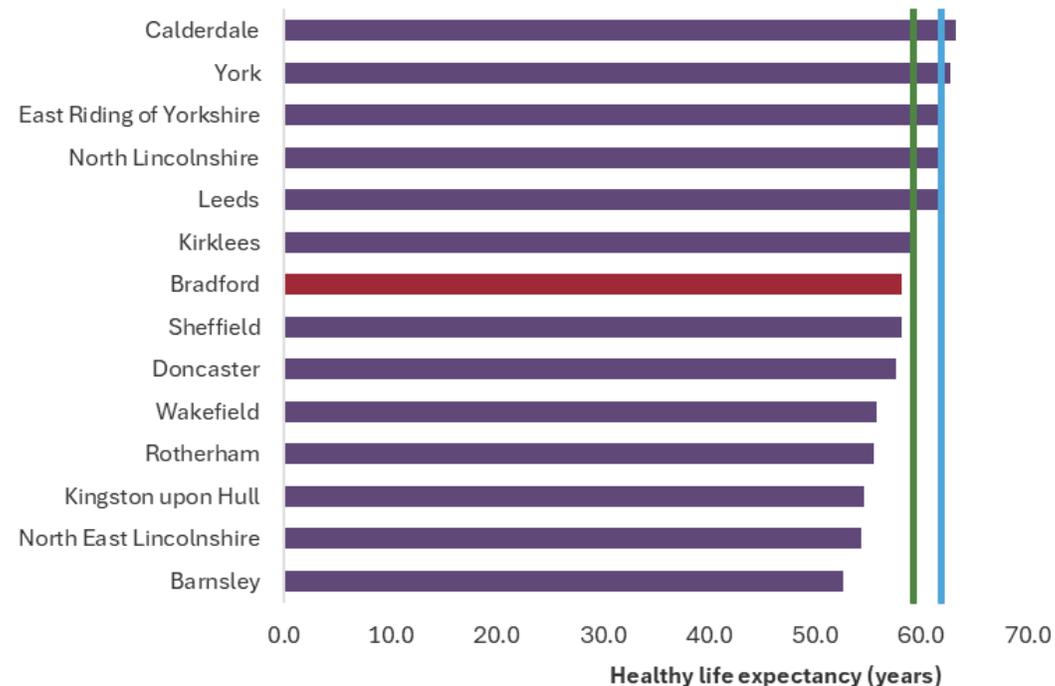
Year	National Rank (where 1 = highest)
2020-22	106
2021-23	107

Yorkshire & the Humber

Males



Females

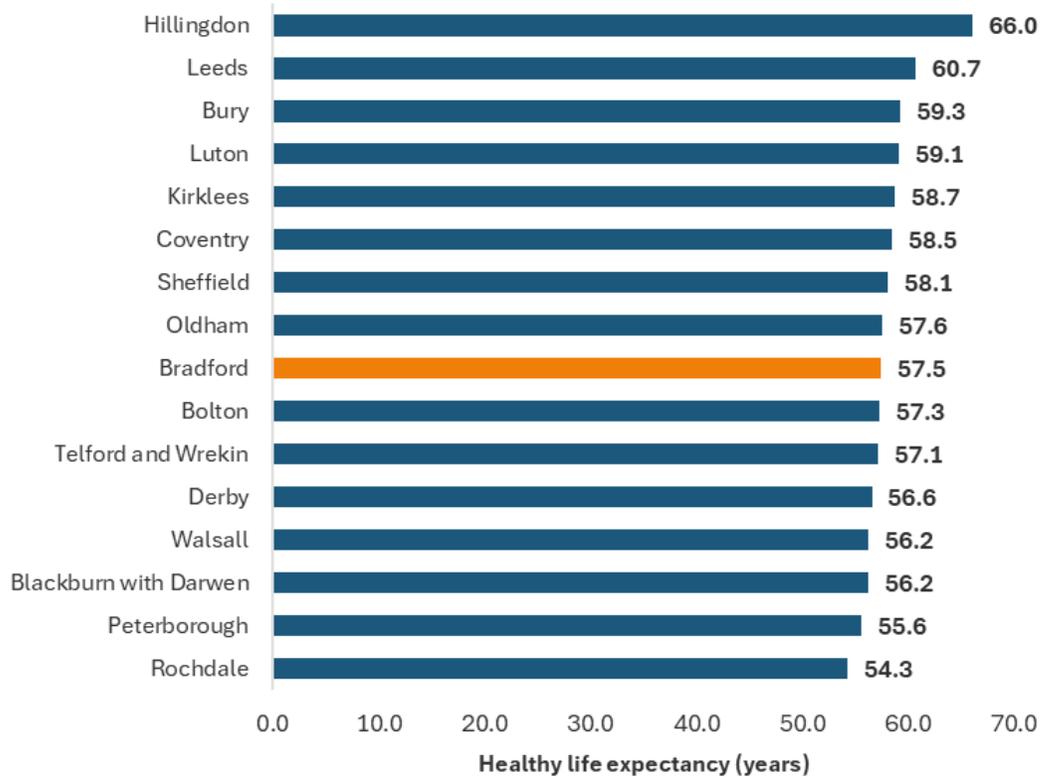


When compared to other Local Authorities in Yorkshire & the Humber, Bradford District sits in the middle for both males and females, with males being **8th highest** and women **7th highest** and both **similar to** their regional averages.

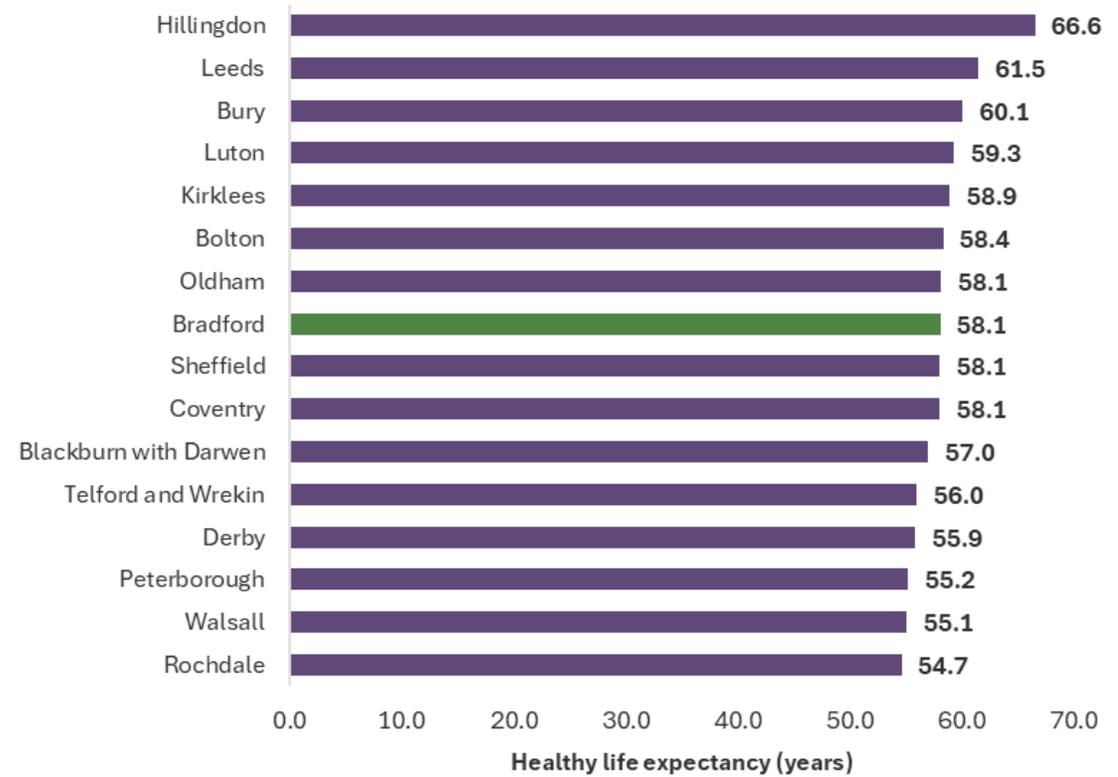
When compared with other Local Authorities in West Yorkshire, Bradford District has the **2nd lowest** healthy life expectancy for both males and females, and both above Wakefield.

Similar Local Authorities

Males



Females



Similarly, compared to similar Local Authorities in England, Bradford District sits in the middle with female having the **8th highest** healthy life expectancy and males having the **9th highest**.